



Irish Laser 4.7 National Championships 2020

Monkstown Bay Sailing Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of Irish Sailing will apply.
- 1.3 RRS Race Signals AP, 33, 35, 40, 60.1(a), 60.1(b), 61.3, 62.1(a), 62.2, A2, A4 and A5 will be changed. The changes appear, in full, in these sailing instructions.
- 1.4 Rules of the Irish Laser Association will apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board of MBSC in Ringaskiddy and on www.mbsc.ie.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board and online before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the temporary flagpole in Ringaskiddy.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. This changes race signal AP.
- 4.3 Flag D with one sound means 'The warning signal will be made not less than 45 minutes after flag D is displayed'. Boats shall not leave the shore until this signal is made.

5 SCHEDULE OF RACES ETC.

- 5.1 Briefing – A Sailors Briefing will be held at 1900 on Wednesday 19th August via Zoom. The link for the briefing is <https://us02web.zoom.us/j/8120447470>
- 5.2 Eleven Races are scheduled:

Thursday 20 th August	Races 1,2 and 3
Friday 21 st August	Races 4,5 and 6
Saturday 22 nd August	Races 7,8 and 9
Sunday 23 rd August	Races 10 and 11

- 5.4 The scheduled time of the first warning signal on Thursday is 1155, Friday 1225, Saturday 0955 and Sunday 1025.

- 5.5 No warning signal will be made after 1500 on Sunday.

- 5.6 The Race committee may decide to run a 4th race any day. If so they will signal this by displaying Numeral 4 on the finish boat at the end of race 3.

6 CLASS FLAGS

4.7 will use yellow Class flag.

7 RACING AREA

The racing areas will be explained at the briefing and include Cuskinny, The Curlane Bank, Monkstown Bay and other areas in Cork Harbour. A noticeboard at the temporary flagpole will indicate which race area to proceed to each day.

8 THE COURSE

- 8.1** Trapezoid courses will be used. The diagram in Attachment A shows the course, the order in which marks are to be passed, and the side on which each mark is to be passed.
- 8.2** The courses to be sailed will be indicated by boards on the course side of the committee boat.

9 MARKS

Marks 1, 2, 3, 4, 5 will be described at the briefing. The Start and Finish marks will be advised at the Sailors Briefing. **Note:** The Starting Mark for a subsequent start may be in place while boats are finishing.

10 THE START

- 10.1** The starting line will be between a mast on the committee boat displaying an orange flag at the starboard end and the course side of a port-end starting mark. The pin end may be an anchored boat displaying a red and white pole.
- 10.2** A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1** To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 11.2** Minor Course changes may not be signalled. This changes RRS 33.

12 THE FINISH

The finishing line will be between a mast on a committee boat displaying a blue flag at the starboard end and the course side of a port-end finishing mark.

13 PENALTY SYSTEM

The Exoneration Penalty and Appendix T, Arbitration will be available.

14 TIME LIMITS

- 14.1** Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 14.2** In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) **flag W** with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes RRS 60.1(b) and 62.1(a).

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1** Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2** The protest time limit shall be 30 minutes after the last boat has tallied ashore or the Race Committee has accounted for any boats not yet tallied in. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.
- 15.3** Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest committee room.
- 15.4** Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5** Breaches of instructions 17, 18, 19, 20 and 21 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 15.6** On the last scheduled day of racing a request based on a protest committee decision shall be delivered no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 62.2.

16 SCORING

- 16.1** 3 races are required to be completed to constitute a series.
- 16.2** When four or more races have been completed, a boat's worst score will be discarded. This changes RRS A2.

17 SAFETY REGULATIONS

- 17.1** Competitors shall wear a personal flotation device at all times when afloat. This changes RRS 40. Wetsuits and drysuits are not considered to be adequate.
- 17.2** A boat that retires from a race shall notify the race committee as soon as possible.
- 17.3** All boats shall have a painter(tow line) at least 7 metres in length, made fast to the bow.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1** Substitution of competitors will not be allowed without prior written approval of the race committee.
- 18.2** Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

20 SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay at least 100m outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

- 20.1** No competitor shall be towed to or from the race area unless asked to do so by the race committee. Competitors who do not comply will be scored DSQ for that days racing.
- 20.2** In the interest of safety all support boats(if asked to do so)will follow instructions from the race committee

21 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

22 RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communications not available to all boats.

23 PRIZES

Prizes will be given as follows; First, second and third. Further category prizes may be awarded.

24. RISK STATEMENT

Risk Statement is as published in the Notice of Race.

25 INSURANCE

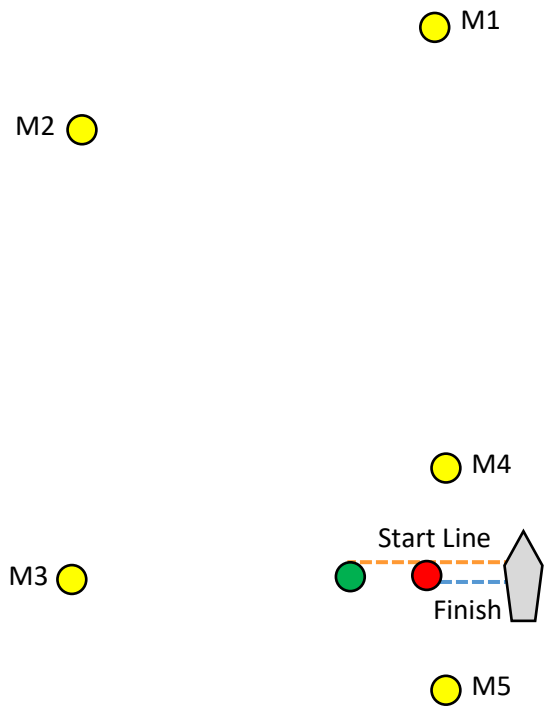
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000.00 or the equivalent.

ATTACHMENT 1 – Laser Course

Trapezoid Course

- O2 1, 2, 3, 2, 3, 5, Finish
 O3 1, 2, 3, 2, 3, 2, 3, 5, Finish
 O4 1, 2, 3, 2, 3, 2, 3, 2, 3, 5, Finish
- I2 1, 4, 1, 2, 3, 5, Finish
 I3 1, 4, 1, 4, 1, 2, 3, 5, Finish
 I4 1, 4, 1, 4, 1, 4, 1, 2, 3, 5, Finish

Marks 1, 2, 3, 4 and 5 to be left to Port



Note :

Mark colours in diagram are for reference only.

There may be a separate start and finish boat.

The Start Mark for a subsequent race may be in position while boats are finishing.